



FAKE ID

Parent's Guide

A Message to Fellow Parents

Dear Parents,

As a father of three Gen Z children, I write this guide not from a position of having all the answers, but as someone navigating these same choppy waters alongside you. Our kids are growing up in a world we didn't— one where reality itself seems negotiable, where AI can create “truth” out of thin air, and where identity has become untethered from biology.

These are uncertain times that demand clear direction. Our children face pressures we never imagined: social media algorithms that reshape their self-perception, schools that may teach them their bodies are mistakes, and technology that promises to make them gods while treating them like machines.

But here's what I know: Parents still matter. Your voice, your wisdom, and your love remain the most powerful forces in your child's life. More importantly, the God who created your children in His image has given us unchanging truth to anchor them in reality. This guide is designed to help you engage with these challenges confidently, compassionately, and biblically.

You're not alone in feeling overwhelmed. You're not wrong to be concerned. And with God's wisdom and the truth of His Word, you're absolutely capable of guiding your children through this cultural moment. Let's do this together.

With solidarity and hope in Christ,

Abdu Murray
Father of three, fellow traveler

How to Use This Guide

This condensed guide focuses on the parenting challenges raised in *Fake ID*. Each section includes:

- **Biblical Foundation:** Scriptural anchoring for each topic
- **Kitchen Table Reality:** Conversation starters for different ages
- **Red Flags to Watch:** Warning signs in your child's behavior
- **Practical Responses:** Age-appropriate actions you can take
- **Grace Under Pressure:** Maintaining relationship while holding boundaries

Remember: Every child is different. Adapt these suggestions to your family's unique needs.



Part 1: Understanding the Two Tsunamis

What Your Kids Are Facing

Biblical Foundation: “So God created mankind in his own image, in the image of God he created them; male and female he created them” (Genesis 1:27).

The Challenge: Your children are caught between two forces—AI technology that seduces them into unreality and identity ideology that coerces them to deny biology. At the core, they’re being told two contradictory lies: that they are mere machines with no ultimate purpose, and simultaneously that they can be the gods of their own worlds, creating their own reality. These competing claims create what I call “cultural schizophrenia”—a fractured view of what it means to be human.


Kitchen Table Reality:

- *Elementary (6-11):* “God made you special, in His image. Sometimes computers can make fake pictures that look real. How can we tell what God really made?”
- *Middle School (12-14):* “Genesis says God made us male and female in His image. What does it mean that your body is not an accident?”
- *High School (15-18):* “Jesus said ‘I am the way, the truth, and the life.’ How do we find truth when everyone online claims to have it?”

Red Flags to Watch:

- Sudden anxiety about their body or appearance after increased social media use
- Expressing certainty about identity changes after minimal online “research”
- Inability to disagree with peer beliefs without intense fear of rejection
- Preferring AI or online relationships to in-person friendships
- Questioning God’s design for their body

Practical Responses:

1. Establish “reality check” family devotions focusing on identity in Christ
 2. Share testimonies of God’s faithfulness through identity confusion
 3. Create safe spaces for questions while anchoring to biblical truth
 4. Model admitting when you don’t know something, then searching Scripture together
- 

Part 2: Navigating the Post-Truth Culture

When Truth Itself Is Under Attack

Biblical Foundation: “Sanctify them in the truth; your word is truth” (John 17:17).

The Challenge: Before we can address AI or identity issues, we must help our children understand that truth exists and can be known. We live in a “post-truth” culture where feelings trump facts, where “your truth” and “my truth” supposedly coexist, and where claiming anything is objectively true is seen as oppressive.

Understanding Post-Truth: The post-truth mentality tells our kids:

- All truth claims are power plays
- Feelings determine reality
- Disagreement equals hate
- Certainty is arrogance
- Truth is whatever works for you

Kitchen Table Reality:

- *Elementary:* “If I say this apple is actually an orange, does that make it true? Why not?”
- *Middle School:* “Can two opposite things both be true at the same time? What if someone really believes them?”
- *High School:* “If truth is relative, why do people get so angry when others disagree with their ‘truth’?”

Red Flags to Watch:

- Saying “that’s true for you but not for me”
- Unable to distinguish opinion from fact
- Afraid to state any conviction firmly
- Believing that love means agreeing with everything
- Confusing kindness with truth affirmation

Practical Responses:

1. Teach Logic Basics:

- Law of Non-Contradiction: Something can't be A and not-A at the same time
- Law of Identity: A thing is what it is
- Law of Excluded Middle: Something is either true or false

2. Use Everyday Examples:

- "Is gravity true for everyone or just those who believe in it?"
- "If someone identifies as a different age, should they get a senior discount?"
- "Can a math answer be wrong even if someone sincerely believes it's right?"

3. Ground Truth in God's Character:

- God cannot lie (Numbers 23:19)
- Jesus is the Truth (John 14:6)
- The Holy Spirit is the Spirit of Truth (John 16:13)
- God's Word is truth (John 17:17)

Family Exercise: The Truth Test. When your child makes a claim, walk through these questions together:

1. Is this consistent with reality?
2. Does this contradict itself?
3. Can we live as if this is true?
4. What does Scripture say?

Addressing Common Post-Truth Slogans:

"That's your truth"

- Response: "Is that statement true for everyone or just for you?"

"Love is love"

- Response: "Does that mean all forms of love are equally good? What about harmful obsessions?"

"You can't judge"

- Response: "Isn't saying 'don't judge' itself a judgment?"

Building Truth-Seekers:

- Praise questions more than answers
- Reward intellectual courage
- Model changing your mind when presented with truth
- Show how truth brings freedom, not bondage

Part 3: The Image of God Foundation

Teaching Your Children Who They Really Are

Biblical Foundation: “Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being” (Genesis 2:7).

Core Truth: Being made in God’s image (Imago Dei) means your children have inherent dignity, purpose, and design that no ideology or technology can alter.

Kitchen Table Reality:

- *Elementary:* “You’re not just unique—you bear God’s image! What do you think that means?”
- *Middle School:* “How is being made in God’s image different from what evolution teaches?”
- *High School:* “If we’re made in God’s image, what does that say about attempts to redesign humanity through AI or gender ideology?”

Teaching the Imago Dei:


1. We reflect God’s nature:

- Creativity (we create because He creates)
- Relationality (we need relationships because God is Trinity)
- Rationality (we think because He is Logos/Word)

2. Our bodies matter:

- Jesus took on flesh (John 1:14) - “The Word became flesh”
- Our bodies are temples (1 Corinthians 6:19)
- We will have resurrected bodies (1 Corinthians 15)

3. Our design has purpose:

- Male and female are God’s intentional design
 - Our limitations remind us we’re creatures, not Creator
 - Our struggles point us to our need for God
- 

Part 4: Walking Through the Arguments

Simple Ways to Explain Complex Truths

Argument 1: Gender is Binary

Biblical Basis: “Haven’t you read,” Jesus replied, “that at the beginning the Creator ‘made them male and female’?” (Matthew 19:4)

How to Explain to Your Kids:

- *Elementary:* “Just like God made day and night, land and sea, He made boys and girls. Two categories that work together beautifully.”
- *Middle School:* “Even Jesus, when asked about marriage, pointed back to Genesis—male and female. If there were other options, wouldn’t the Son of God have mentioned them?”
- *High School:* “Every cell in your body (except reproductive cells) has either XX or XY chromosomes. This isn’t a social construct—it’s written in your DNA by God’s design.”

Practical Exercise: Ask your child: “If someone was born blind, would we say sight doesn’t exist? Or would we recognize something isn’t working as designed? How does this apply to those who feel disconnected from their biological sex?”

Argument 2: You Can’t “Know” What It’s Like to Be the Opposite Sex

Biblical Basis: God made each person uniquely as male or female, with distinct experiences.

How to Explain to Your Kids:

- *Elementary:* “Can you really know what it’s like to be a bird just by wanting to fly? God gave you your body for a reason.”
- *Middle School:* “If a boy says he ‘feels like a girl,’ ask: What does that mean? Is he saying girls all feel the same way? Isn’t that actually stereotyping?”
- *High School:* “The claim ‘I know I’m really a girl’ assumes there’s a universal ‘girl feeling’ that transcends biology. But womanhood isn’t a feeling—it’s an embodied reality created by God.”

Discussion Questions:

- “How can someone know they’re ‘in the wrong body’ if they’ve only ever experienced one body?”
- “Isn’t saying ‘I feel like a girl/boy’ actually reinforcing stereotypes about how girls and boys should act?”
- “If gender is just about feelings, why do people change their bodies?”

Argument 3: AI Proves We Were Designed by a Transcendent Mind

Biblical Basis: “For since the creation of the world God’s invisible qualities—his eternal power and divine nature—have been clearly seen” (Romans 1:20)


How to Explain to Your Kids:

- *Elementary:* “It took really smart people to make computers, right? Well, people are way more complex than computers. So who made us?”
- *Middle School:* “AI can’t create itself—it needs human programmers. If artificial intelligence requires human intelligence, what does human intelligence require?”
- *High School:* “Every AI system reflects its designer’s intelligence. The fact that we can create artificial intelligence points to our own designed nature. As I argue in the book, intelligence doesn’t emerge from non-intelligence.”

The AI-kido Argument (Using AI Logic Against Itself):

1. Artificial intelligence requires human intelligence to exist
2. Human intelligence is vastly more complex than AI
3. If lesser intelligence (AI) requires greater intelligence (humans) to exist...
4. Then human intelligence likely requires an even greater intelligence (God) to exist

Family Activity: Have your kids list what AI can and cannot do. Then list what humans can do that AI cannot (love, worship, create meaning, have genuine relationships). Discuss what this tells us about our Creator.



Part 5: The AI Challenge Through a Biblical Lens

When Machines Seduce Our Children

Biblical Foundation: “See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ” (Colossians 2:8)

The Spiritual Dimension: AI promises godlike knowledge but delivers machine-like existence—the same lie from Eden: “You will be like God” (Genesis 3:5).

Kitchen Table Reality:

- *Elementary:* “Remember how the serpent promised Eve she’d be like God? How is AI making similar promises?”
- *Middle School:* “If we let machines do our thinking, are we still using the minds God gave us?”
- *High School:* “How does outsourcing our creativity to AI dishonor the Creator whose image we bear?”

Red Flags to Watch:


- Treating AI as omniscient (an attribute of God alone)
- Believing AI relationships can replace human ones
- Using AI to avoid the hard work of thinking and creating
- Developing a “god complex” through technology

Christ-Centered Responses:

1. **Teach the limits of AI:**

- AI has no soul (only humans have the breath of God)
- AI cannot love (love requires the Imago Dei)
- AI cannot worship (praise requires a spirit)
- AI cannot sin or be redeemed (it lacks moral agency)

2. **Emphasize human uniqueness:**

- We have eternal souls
 - We’re objects of God’s love
 - We’re called to relationship with our Creator
 - We have moral responsibility
- 

Part 6: The Identity Challenge Through Scripture

When Ideology Targets Your Children

Biblical Foundation: “Do not conform to the pattern of this world, but be transformed by the renewing of your mind” (Romans 12:2)

The Theological Reality: Identity ideology is ultimately rebellion against God’s created order—an attempt to be our own creators.

Kitchen Table Reality:

- *Elementary:* “God knit you together in your mommy’s womb (Psalm 139:13). He doesn’t make mistakes.”
- *Middle School:* “Your body is a gift from God, not a prison. Even when it feels weird during puberty, God is doing something good.”
- *High School:* “Jesus lived in a physical body and rose in a physical body. Bodies matter to God—including yours.”

When Your Child Questions Their Gender:


1. Affirm God’s Love and Design:

- “God loves you completely and forever”
- “Your body is God’s good gift to you”
- “These confusing feelings don’t define you—Christ does”

2. Address the Spiritual Battle:

- Satan attacks God’s image-bearers
- The enemy wants to steal their identity in Christ
- Prayer is essential warfare for your child

3. Provide Biblical Identity:

- They are children of God (John 1:12)
 - They are fearfully and wonderfully made (Psalm 139:14)
 - They are new creations in Christ (2 Corinthians 5:17)
 - Their identity is hidden with Christ in God (Colossians 3:3)
- 

Part 7: Jesus as Our Model

The Incarnation Answers Both Challenges

The Incarnation Refutes AI-Mania: Jesus didn't come as a disembodied intelligence but as fully human, showing bodies matter.

The Incarnation Refutes Gender Ideology: Jesus came as a specific, biological male, affirming the goodness of sexed bodies.

Teaching Points:


1. Jesus Shows Bodies Matter:

- He was born with a body
- He lived in a body
- He died in a body
- He rose in a glorified body
- He ascended in a body
- He will return in a body

2. Jesus Shows Truth and Love:

- He spoke truth to the woman at the well while showing love
- He didn't condemn but said "go and sin no more"
- He welcomed all but called all to transformation

Family Discussion: "How does Jesus being fully God and fully man help us understand what it means to be human?"



Part 8: Practical Responses by Age

Elementary School (6-11)

Foundation: God's Good Design

- Read creation accounts regularly
- Use “God Made Me” language consistently
- Celebrate biological differences as God’s creativity
- Pray thanking God for their specific body
- Memory verse: Psalm 139:14

Key Conversations:

- “God made boys and girls special and different”
- “Your body is a gift, not a mistake”
- “Computers are tools, not friends”
- “Real is better than fake”

Middle School (12-14)

Foundation: Identity in Christ

- Study what the Bible says about identity
- Discuss how sin affects our feelings about ourselves
- Normalize struggle while pointing to God’s design
- Create “Identity in Christ” card for their wallet
- Memory verse: 2 Corinthians 5:17

Key Conversations:

- “Puberty is awkward for everyone—it doesn’t mean you’re in the wrong body”
- “Your worth comes from Christ, not likes or followers”
- “AI can mimic but not truly create”
- “Feelings are real but not always true”

High School (15-18)

Foundation: Defending Truth with Love

- Study apologetics together
- Practice respectful disagreement
- Prepare them for college challenges
- Discuss how to love others while holding to truth
- Memory verse: 1 Peter 3:15

Key Conversations:

- “How to stand firm when everyone disagrees”
- “Why Christianity offers the best explanation for human dignity”
- “The difference between using technology and being used by it”
- “How to love trans-identifying peers without affirming ideology”

Part 9: Prayer Strategies

Daily Prayers for Your Children:

Morning: “Lord, protect my child’s mind from lies today. Help them see themselves through Your eyes. Give them courage to stand for truth.”

After School: “Father, give me wisdom to speak Your truth in love. Help me listen well and respond with grace. Show me what my child really needs.”

Bedtime: “God, thank You for creating my child in Your image. Guard their hearts and minds in Christ Jesus. Let them rest in Your unchanging love.”


Specific Situation Prayers:

When They’re Confused: “Lord, You are not a God of confusion but of peace. Bring clarity to my child’s mind. Help them distinguish Your voice from the world’s noise.”

When They’re Influenced: “Father, You are stronger than any cultural pressure. Draw my child back to Your truth. Break the hold of false ideologies.”

When You’re Afraid: “God, You love my child more than I do. I trust You with their future. Give me faith when I can’t see the way forward.”

When They’re Struggling with Identity: “God, remind my child they are fearfully and wonderfully made. Let them find their identity in Christ alone.”



Part 10: Scripture Arsenal


Key Verses for Identity:

- Genesis 1:27 - Created male and female
- Psalm 139:13-16 - Knit together in the womb
- Matthew 19:4-5 - Jesus affirms Genesis
- 1 Corinthians 6:19-20 - Your body is a temple
- Ephesians 2:10 - God's workmanship
- Jeremiah 1:5 - Known before birth

Key Verses for Truth:

- John 14:6 - Jesus is the truth
- John 8:32 - Truth sets free
- 2 Timothy 3:16 - Scripture is God-breathed
- Proverbs 3:5-6 - Trust God not feelings
- Isaiah 5:20 - Woe to those who call evil good
- Romans 12:2 - Don't conform to the world

Key Verses for Courage:

- Joshua 1:9 - Be strong and courageous
 - 2 Timothy 1:7 - Spirit of power, not fear
 - Ephesians 6:10-18 - Armor of God
 - 1 Corinthians 16:13 - Stand firm in faith
 - Isaiah 41:10 - God will strengthen you
- 

Part 11: Building a Christ-Centered, Reality-Anchored Home

Weekly Family Practices:

- **Monday - Creation Celebration:** Celebrate something God made. Look at stars, examine leaves, appreciate your bodies' abilities. Emphasize design and purpose.
- **Tuesday - Truth Training:** Practice identifying truth vs. lies in media, advertisements, or social media posts. Use the Truth Test together.
- **Wednesday - Tech-Free Together:** No devices during dinner and one hour after. Play games, create art, have real conversations.
- **Thursday - Theology Time:** Study what the Bible says about being human, identity, purpose. Make it age-appropriate but substantive.
- **Friday - Friend Focus:** Discuss real friendships vs. online connections. Plan in-person activities with friends.
- **Weekend - Worship and Wonder:** Attend church together. Discuss the sermon. Marvel at God's creation on a walk.

Essential House Rules:

1. "In this house, we believe God's Word over cultural trends"
2. "We love all people while standing for truth"
3. "Our identity comes from Christ, not our feelings"
4. "We use technology; it doesn't use us"
5. "We celebrate the bodies God gave us"
6. "We speak truth in love, always"
7. "We ask questions and seek God's answers"

Creating Safe Spaces:

Physical Space:

- No devices in bedrooms
- Family gathering area without screens
- Prayer corner or chair
- Creation of "real" art displayed prominently

Emotional Space:

- Weekly one-on-one time with each child
- "No judgment" question times (judge ideas, not the questioner)
- Celebration of growth over perfection
- Permission to struggle while holding to truth

Spiritual Space:

- Regular family devotions
- Individual prayer time encouraged
- Scripture memory rewards
- Testimonies shared regularly

Emergency Response Guide


If Your Child's School Pushes Gender Ideology:

1. Request all materials and curricula in writing
2. Opt out where legally possible
3. Provide alternative perspectives at home
4. Connect with like-minded parents
5. Consider school board involvement
6. Explore educational alternatives (homeschool, private, or pod schools)

If Your Child Is Being Influenced Online:

1. Don't immediately confiscate devices (this may backfire)
2. Gradually increase oversight and accountability
3. Engage with the content together
4. Provide compelling counter-narratives
5. Introduce them to detransitioner testimonies (age-appropriate)
6. Seek professional help if needed (ensure counselor shares your values)

If Your Child Announces a Trans Identity:


1. Don't panic—take a deep breath and pray
 2. Express love: “I love you no matter what”
 3. Ask questions: “Help me understand what you're feeling”
 4. Don't affirm the false identity but don't reject your child
 5. Buy time: “This is important. Let's not rush”
 6. Seek support from wise counselors and parent groups
 7. Increase love and connection, not distance
- 

Resources and Support Questions

Questions for Your Child's Healthcare Provider:

- What long-term studies support this treatment approach?
- What are the desistance rates for childhood gender dysphoria?
- What percentage of children grow comfortable with their biological sex through puberty?
- Are there alternative treatments we should consider?
- What are the irreversible effects of these interventions?
- How do other countries approach this issue?

Questions for Your Child's School:

- What is your policy on social transition without parental consent?
 - How do you handle gender identity in curricula?
 - Will I be notified if my child requests to use different names/pronouns?
 - What are my parental rights regarding notification?
 - Can my child opt out of gender ideology instruction?
 - How do you handle locker rooms and sports participation?
- 

A Final Word of Biblical Encouragement

“Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go” (Joshua 1:9).

Dear parents, you are not fighting this battle alone. The God who created your children knows exactly what they need. He who began a good work in them will be faithful to complete it (Philippians 1:6).

Remember Daniel in Babylon—surrounded by a culture hostile to God’s truth, yet he stood firm. Your children can be modern-day Daniels, standing for truth in a confused culture. But they need you to be their guides.

The enemy wants you to believe you’re powerless against these cultural tsunamis. That’s a lie. Greater is He who is in you than he who is in the world (1 John 4:4). Your prayers are powerful. Your influence matters. Your faithfulness will bear fruit.


Yes, the challenges are real:

- Schools may undermine your values
- Social media will pressure your children
- Friends may turn away from truth
- The culture will call you hateful for loving truth

But our God is more real. His truth stands forever. His design is good. His love never fails.

Your children need you to be their lighthouse—firmly anchored on the Rock of Christ, shining the light of truth in love. The waves are high, but our God is higher. The challenges are great, but our God is greater.

Keep pressing on, dear parent. Your faithfulness matters. Your prayers are heard. Your children are held by the One who holds the universe.



Quick Reference: Daily Practices

Morning:

- Device-free breakfast conversation
- Affirm something true about your child
- Pray together or for them
- Remind them whose they are


After School:

- Ask about real interactions, not just events
- Listen without immediately correcting
- Share one story from your own day
- Look for teachable moments

Evening:

- Create something together (cook, build, draw)
- Discuss one current event through a biblical lens
- Practice “highs and lows” sharing
- End with gratitude for real, embodied life

Bedtime:

- Devices off 1 hour before sleep
 - Physical books or conversation
 - Pray over your child
 - Affirm your love regardless of the day's struggles
- 



FAKE ID

Parent's Guide

“Train up a child in the way he should go; even when he is old he will not depart from it.” —Proverbs 22:6

“But Jesus said, ‘Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven.’” —Matthew 19:14

Remember: No ideology is stronger than the gospel. No technology is more powerful than the Holy Spirit. No lie can ultimately overcome the Truth Himself.

Your children will thank you later for the boundaries you set today. Stand firm. Love well. Trust truth.

In Christ's strength and for His glory,

Abdu Murray

